

AI Prompt Guide for Youth

Artificial Intelligence can be a helpful tool when used responsibly. Use these sample prompts as a starting point to support your education, career goals, life skills, and daily responsibilities. Always verify important information and use your own judgment.

Education and Learning

- Explain this math problem step-by-step: [paste problem].
- Help me create a study plan for my GED exam over the next 30 days.
- Quiz me on [Insert Topic] using 10 practice questions.
- Explain this reading passage in simpler language.
- What are three ways I can improve my writing skills?

Job Search and Career Readiness

- Help me create a resume based on my work, volunteer, and school experience.
- What skills from my part-time job could I include on a resume?
- Act as an interviewer and ask me 10 common interview questions.
- Review this resume and suggest improvements.
- Help me write a professional follow-up email after a job interview.

Exploring Careers

- What careers match someone who enjoys helping people and solving problems?
- What certifications can I earn in less than one year?
- Compare careers in healthcare, skilled trades, and technology.
- What is a typical day like for a project manager?
- What careers pay well without requiring a four-year degree?

Budgeting and Financial Skills

- Create a grocery list for one person on a \$30 weekly budget.
- Help me build a simple monthly budget based on my income.
- What are five ways to save money each month?
- Compare the costs of buying lunch versus packing lunch for work.
- Help me create a savings goal plan for a car.

Time Management and Organization

- Help me organize my week based on work, school, and family responsibilities.

- Create a daily schedule that includes study time, work, and self-care.
- What should I prioritize if I have five tasks due this week?
- Help me break this large goal into smaller steps.
- Create a reminder checklist for my daily responsibilities.

Personal Growth and Goal Setting

- Help me create three SMART goals for the next six months.
- What are some habits successful people build over time?
- Help me create a personal development plan.
- What questions should I ask myself when making a major life decision?
- Help me identify strengths I can build on.

Entrepreneurship and Creativity

- Help me brainstorm business ideas that could start with less than \$500.
- Create a simple marketing plan for a small business.
- Help me write a social media post promoting my business idea.
- Suggest a name for my business based on these interests: [list interests].
- What steps do I need to take to start a side hustle?

Responsible AI Use

- What sources should I use to verify this information?
- Can you explain how you reached this answer?
- What are possible limitations of this information?
- Give me multiple perspectives on this topic.
- What additional questions should I ask before making a decision?

Remember

AI is a tool, not a replacement for your thinking. Use AI to learn, explore, and grow, but always verify important information, protect your personal information, and make your own decisions.