

5 Challenges to Planning and Scheduling

There are five different challenges that combine to keep us from spending our days working on what matters most.

- **Competing priorities** - often the result of us not acknowledging our priorities and not seeing how our goals and plans end up at odds. It's difficult to make progress on any one goals when your attention is diverted to other things
- **Head Trash** - the beliefs holding us back from making progress on our goals
- **No Realistic Plan**
- **Too Few Resources** - Letting what we don't have keep us from creating what we can have
- **Poor Team Alignment** - not communicating to those around you whether family, colleagues, or personal board of directors what we want, need, and dream to be