



What's Your Question?

Rationale: Interactive ice breaker utilizing open ended questions that encourage rapid rapport

Materials:

- Post Its
- Pen, pencil or markers
- Chime or other means for gathering attention

Directions:

1. Ask each participant to think of a question that you might ask in order to get to know someone better.
2. Give an example such as:
 - What's your favorite go to meal on a busy day at work?
 - Where was your last vacation?
 - Are you a hot or cold sleeper?
3. Ask participants to write their own question on one post it note.
4. Ask a participant to model the procedure with you.
 - Person 1 reads their question to Person 2.
 - Person 2 answers and then asks Person 1 their question.

Person 1 responds and then both participants exchange post it notes with questions.

5. Mingle in the group asking, answering questions and exchanging post it notes each time. It is ok to meet up with the same person again because you will likely have new questions.
6. Plan on ending the group after no more than 5 minutes max.